

EARTH DAY 2018



The ecological impact of your everyday decisions

THURSDAY, APRIL 19

● **FEATURED SPEAKER**

ETHICAL CHOICES PROGRAM with Shawna Weaver

Shawna is originally from the Twin Ports area and graduated from Superior High School. As a kid she spent most of her time outside in the woods and on trails, which is what got her interested in science. She earned a PhD in sustainability education and has been working in education for twelve years. She is the education program manager at Animal Allies Humane Society, and teaches at the College of St. Scholastica. When she isn't teaching, she's usually out on the trails with her dog. Shawna will present two topics in the Student Life Lounge:

11:00-11:45: HEALTHFUL EATING

Obesity, diabetes, heart disease, cancer and other diseases are lifestyle-related. Students learn about the connections between diet and health and discuss ways that informed dietary choices can help prevent or relieve diseases.

Noon-12:45: THE ENVIRONMENT AND MODERN AGRICULTURE

Students explore how raising farmed animals and related crops affect ecosystems and our health through global warming, the depletion of natural resources, the pollution of soil, water and air, the use of pesticides, hormones and antibiotics, soil erosion, deforestation and world hunger. Participants discuss alternative choices that can help protect our environment.

● **11:00-12:00**

VOTE WITH YOUR BUDS (taste buds, that is) – Consider what it means to eat ethically with our 11:00 speaker, then sample some new quick and healthy food options. We're working with the LSC Café to taste test some potential new menu items for next year! Grab a few samples and vote for your favorites!

Zero waste snacks and refreshments also available at the Student Life kiosk. Grab a snack and join the presentations in the Lounge!

● **Any time, 11:00-1:00**

CAMPUS CLEAN UP – pick up supplies at the **Circle Drive entrance**, prizes awarded for most team-trash collected and unique finds!

● **11:00-1:00**

Community and club info in the Student Life hallway. Get the scoop on local trails, local food programs, community sustainability efforts, volunteer opportunities, LSC teams and clubs!

MAPLE SYRUP DEMO with Dave – Learn about tapping and the syrup-making process.

Find out what Chris, our **MINNESOTA GREENCORPS** member, has been up to for six months. He's half-way through his service year, and will show you how LSC's energy efficiency projects might translate to your own energy reduction efforts.

SHOP OUR CLOTHING SWAP TABLE!

Clothing waste is becoming a global environmental crisis, second only to plastics pollution in our oceans. See something you like; take it home and give it a second life!

General Biology students **POSTER PRESENTATION** in the Lounge



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