

## Professional Behavior – Entry Level Self-Assessment

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

*Indicate with an X in the appropriate box how frequently the statement best describes you.*

1 Rarely	2 Occasionally	3 Sometimes	4 Frequently	5 Usually	<b>The student demonstrates:</b>
					<b>Commitment to learning</b>
					Realizes there are many ways to do the same treatment
					Is able to critique and apply information from known knowledge base
					Continues to increase knowledge base
					<b>Interpersonal skills</b>
					Listens to other students ideas and opinions, but reflects back to original concerns
					Works effectively with challenging peers
					Responds effectively to unexpected experiences
					Talks about difficult issues with sensitivity and objectivity
					Delegates to others as needed
					Approaches others to discuss differences in opinion
					Accommodates differences in learning styles
					<b>Communication skills</b>
					Modifies communication (verbal and written) to meet needs of different audiences
					Presents verbal or written message with logical organization and sequencing
					Maintains open and constructive communication
					Utilizes communication technology effectively
					Dictates clearly and concisely
					<b>Effective use of time &amp; resources</b>
					Sets priorities
					Considers classmate goals
					<b>Use of constructive feedback</b>
					Seeks feedback from classmates and instructors
					Modifies feedback given to classmates according to a non-student knowledge base
					Recognizes differences with sensitivity
					Realizes there may be other possible solutions
					<b>Problem solving</b>
					Implements solutions
					Presents presentations and research papers
					<b>Professionalism</b>
					Discusses role of Physical Therapy in health care

					Demonstrates accountability for professional decisions
					Keeps school as priority
					Demonstrates knowledge of PTA professional responsibilities and scope of practice
					<b>Responsibility</b>
					Asks questions when needed
					Listens to classmates and instructors complaints and gives feedback
					<b>Critical thinking</b>
					Is open-minded to others' ideas
					Knows and can show reason behind a specific solution
					Examines the outcome of the solution
					<b>Stress management</b>
					Juggles school, home and other commitments
					Tolerates the different teaching strategies effectively
					Remains calm during quizzes, exams, finals

Examples and comments:

Based on my self-assessment, I am setting the following goals:

- 1.
- 2.
- 3.
- 4.
- 5.

To accomplish these goals, I will take the following actions:

Goal 1 Actions:

Timeline:

Goal 2 Actions:

Timeline:

Goal 3 Actions:

Timeline:

Goal 4 Actions:

Timeline:

Goal 5 Actions:

Timeline: